



Welcome to St. Michael's Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

1182 Ashland Street, Greensburg, PA 15601

www.stmichaelsgreensburgpa.org

Rev. Fr. David Hyatt, Pastor

Sunday, March 17, 2024

Office Hours:

By Appointment

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This Week

Sunday, March 17th

Forgiveness Sunday / Cheesefare Sunday

8:45 AM – Orthros

10:00 AM – Divine Liturgy

11:30 AM – 10yr Memorial Met PHILIP

11:30 AM – No Church School

(No Fellowship Hour)

12:00 PM – Forgiveness Vespers

Monday, March 18th

6:00 PM – Great Compline & Canon of St. Andrew of Crete

Tuesday, March 19th

6:00 PM – Great Compline & Canon of St. Andrew of Crete

Wednesday, March 20th

6:00 PM – Presanctified Liturgy

7:30 PM – Lenten Soup Supper

Thursday, March 21st

6:00 PM – Great Compline & Canon of St. Andrew of Crete

Friday, March 22nd

6:00 PM – Akathist & Little Compline

Saturday, March 23rd

The Commemoration of the Miracle of Kollyva wrought by Saint Theodore the Tyro

8:00 AM – Orthros

9:00 AM – Divine Liturgy

4:30 PM – Catechism Class

6:00 PM – Great Vespers

(Confession Follows)

Divine Liturgy Variables on Sunday, March 17, 2024

Sunday of Forgiveness (Cheese Fare)

Venerable Alexios the 'Man of God;'

Patrick, bishop of Armagh and enlightener of Ireland

RESURRECTIONAL APOLYTIKION IN TONE EIGHT

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the threeday burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee. Now sing the apolytikion of the patron saint or feast of the temple.

KONTAKION FOR FORGIVENESS SUNDAY

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

EPISTLE — Romans 13:11-14:4

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

THE GOSPEL – Matthew 25:31-46

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

Serving Schedule

Jr. Altar Boys

3/17 – Breccan Daniels

3/24 – Noor Sahawneh

Fellowship Hosts

3/17 – Forgiveness Sunday

(No Fellowship Hour)

3/24 – Kh. BethAnn Hyatt, Carolyn Hill,
Christine Mansour

Lock Up

3/17 – Thomas Sproch

3/24 – Donald Yoder

Live-Streaming Services

[Holy Transfiguration Monastery](#)

Ellwood City, PA

[Holy Cross Monastery](#)

Wayne, WV

[St. Tikhon's Monastery](#)

Waymart, PA



Please sign-up to bring soup and/or bread for the weekly meals after

Wednesday Presanctified Liturgies.

Reminder: the soup needs to be Lenten / Vegan (no animal products). *The sign-up sheet is on the bulletin board outside of the kitchen.*



Thank you to all who donated to the **Baby Bottle Fundraiser** for Lifeway Family & Pregnancy Support in

Latrobe. Together, we were able to donate **\$1,556.28!**

Visiting <https://lifewayfamilies.org/> to learn more about the services provided to women and families in our area.

Ministry Opportunity

Throughout the year, but especially during Great Lent, we are in need of men and women to **volunteer to serve our parish as an USHER**. Gust Flizanes, Head Usher, is willing to train you, so no experience is necessary. Please speak with Gust regarding any questions or to express your interest in serving in this way. You can reach Gust Flizanes at 724-863-4443.

The Triodion Sundays

March 17, 2024

The Sunday of Forgiveness (Cheesefare)

It is also the memory of Adam's expulsion from Paradise. On this Sunday before the commencement of Great Lent, the Church assigns to read a Gospel from the Sermon on the Mount, and stresses the importance of mercy and reconciliation with people before the sacrifice of fasting is brought near.

This gospel on Sunday before the beginning of Lent is meant to help us realize the importance of forgiveness. We ask God to forgive us our sins after having forgiven others; it is a sine qua non. We cannot fast while hating others! God does not accept the prayer of a person who holds grudges!

Fasting is a journey of reconciliation with God. But the Lord equals us to Himself; he even equals our neighbor to Himself saying: If you do not reconcile with your relative, you cannot reconcile me, and vice versa.

The Lord Jesus did not comment on any request in the Lord's Prayer other than asking for forgiveness: "For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses (Matthew 6:14-15).

Starting this Monday, complete fasting begins as we abstain from all meat, dairy, eggs, cheese, olive oil, and alcohol (unless otherwise noted on the liturgical calendar).

Kontakion for Cheesefare Sunday

O Master, Guide to wisdom, Giver of prudent counsel, Instructor of the foolish and Champion of the poor, make firm my heart and grant it understanding. O Word of the Father, give me words, for see, I shall not stop my lips from crying out to Thee: I am fallen, in Thy compassion have mercy on me.

Source: [Antiochian Patriarchate Website](#)

Prayers of Oblation

...in memory of Thomas Andrews by Sara Armanious

...in memory of Adel Armanious by Bill Umbach

...in memory of Diana Roberts and Irene Papas by Dina Papas

...in memory of Helen Ciavarra by David and Marilyn Elias

Intercessory Prayer List

(Orthodox & Non-Orthodox)

Please pray for the following people this week. **Names will remain on the list for 2 weeks**. Please contact Fr. David to add a name for prayer.

PAULETTE Weiss (*Ongoing Cancer Treatment*)

MATUSHKA SOPHIE Daniels (*Recovering from Illness*)

FRANK Kocevar (*Continued recovery from a quintuple bypass*)

Cousin of Michelle Gajewski

VAUGHN Baughman (*Recovery from back surgery*) husband of Pat Baughman

FIKERTE Assefa (*Battling a serious illness*) sister of Aster Assefa

LUANN Johnson (Health related need)



In the Antiochian Archdiocese, **March is Women's Month.** Please read the attached letter from His Eminence

Metropolitan SABA at the end of the bulletin. We are grateful to God for all the service our women contribute to the life of St. Michael's. As part of this special month, the following are the schedules for service:

Epistle Readers

- March 17 - Mary Gazal
- March 24 - Luann Johnson
- March 31 - Joyce Eger

Holy Bread (distribute)

- March 17 - Janet Mochak & Paulette Sproch
- March 24 - Pattie Senerius & Joyce Eger
- March 31 - Connie Capar & Bernadette McNichol

Offering Collection

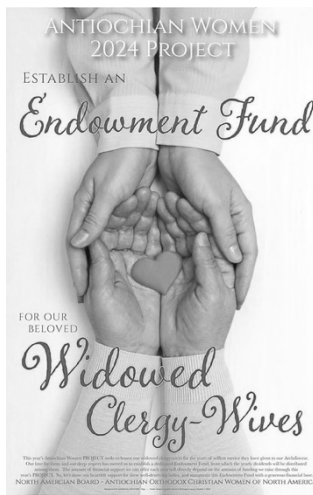
- March 17 - Michelle Gajewski, Paulette Sproch, Raymounda Chaho
- March 24 - Patricia Baughman, Raymounda Chaho, Valerie Flizanes
- March 31 - Violet Kharma, Kathy Bleibtrey, Laura Simmons

Catechumens at St. Michael's

Please keep in your prayers our catechumens who are preparing to be received as members of the Orthodox Church.

1. Bob Gunther
2. Dave Bartholomew
3. Stacey Bartholomew
4. Ryan Bartholomew
5. Victoria Gray
6. Mat Hahey
7. Pamela Johnson
8. Garrett Kalinowski
9. Nicholas Lehman
10. Brandon Miele
11. Debbie Paulus
12. Riley Polomoscanik
13. Brooke Williams

*Lord Jesus Christ, Son of God,
have mercy on me a sinner!*



2024 Antiochian Women's Special Project

During the month of March, a special collection will be received in the Social Hall during the Fellowship Hour. All proceeds will go to the **Antiochian Women's special project** for 2024 – establishing an endowment fund to help support widowed clergy-wives. We appreciate your generosity!

Upcoming Events for the Antiochian Women at St. Michael's

- 1) **Ladies Annual Luncheon** is Sunday, May 19th at Morelands @Waterworks. It is the same place as last year. Cost: \$25. Sign up by April 28th. Only 40 reservations permitted. See Michelle Gajewski in social hall to make payment by check or cash.
- 2) **Pirates Ball Game** - Monday, July 22nd. Ticket cost: \$28. More details coming later.

LONG TERM CALENDAR

(Upcoming Dates to Remember)

Sunday, March 24th

Sunday of Orthodoxy

8:45 AM – Orthros

10:00 AM – Divine Liturgy of St. Basil

Icon procession at the end of the Divine Liturgy.

Children bring your icons to participate!

6:00 PM – Great Vespers w/ Litia & Artoklasia

for the Feast of the Annunciation

Monday, March 25th

Feast of the Annunciation

6:00 PM – Vesperal Divine Liturgy

Tuesday, March 26th

6:00 PM – Parish Council Meeting

Wednesday, March 27th

6:00 PM – Presanctified Liturgy

7:30 PM – Lenten Soup Supper

Friday, March 29th

6:00 PM – Akathist & Little Compline

Saturday, March 30th

Saturday of Souls

9:00 AM – Divine Liturgy

4:30 PM – Catechism Class

6:00 PM – Great Vespers (Confession Follows)

Sunday, March 31st

Sunday of St. Gregory Palamas

8:45 AM – Orthros

10:00 AM – Divine Liturgy of St. Basil

11:30 AM – March Memorial

The Great Fast begins Monday, March 18th

Fasting rules as followed in our Antiochian Archdiocese

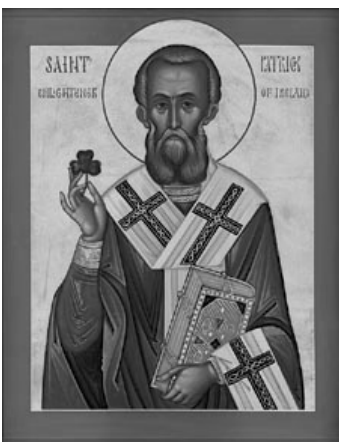
Saturdays and Sundays of Great Lent	Abstain from meat, fish, dairy, eggs
Monday through Friday of Great Lent	Abstain from meat, fish, dairy, eggs, alcohol, oil
Feast of Annunciation of the Theotokos on March 25 of every year.	Abstain from meat, dairy, eggs. <i>Fish is allowed.</i>
Palm Sunday	Abstain from meat, dairy, eggs. <i>Fish is allowed.</i>



***Pick up your Food for Hungry People
Collection ALMS Box today!***
(Boxes are available outside of the Church Office)

The amount we give is not judged by the largeness
of our gifts but the largeness of our hearts.
St. John Chrysostom

Saint Patrick, Bishop of Armagh, Enlightener of Ireland Commemorated on March 17



Saint Patrick, the Enlightener of Ireland was born around 385, the son of Calpurnius, a Roman decurion (an official responsible for collecting taxes). He lived in the village of Bannavem Taberniae, which may have been located at the mouth of the Severn River in Wales. The district was raided by pirates when Patrick was sixteen, and he was one of those taken captive. He was brought to Ireland and sold as a slave, and was put to work as a herder of swine on a mountain identified with Slemish in Co. Antrim. During his period of slavery, Patrick acquired a proficiency in the Irish language which was very useful to him in his later mission.

He prayed during his solitude on the mountain, and lived this way for six years. He had two visions. The first told him he would return to his home. The second told him his ship was ready. Setting off on foot, Patrick walked two hundred miles to the coast. There he succeeded in boarding a ship, and returned to his parents in Britain.

Some time later, he went to Gaul and studied for the priesthood at Auxerre under Saint Germanus (July 31). Eventually, he was consecrated as a bishop, and was entrusted with the mission to Ireland, succeeding Saint Palladius (July 7). Saint Palladius did not achieve much success in Ireland. After about a year he went to Scotland, where he died in 432.

[Click here to read his full synaxarion](#)

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Fast - Free Week
FEBRUARY 25th



TRIODION WEEKS

Publican and the Pharisee

Epistle: 2 Timothy 3:10-15
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week
MARCH 3rd



The Prodigal Son Returns!

Epistle: 1 Corinthians 6:12-20
Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare
MARCH 10th

FAREWELL TO MEAT TODAY



The Last Judgement

Epistle: 1 Corinthians 8:8-9:2
Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare
MARCH 17th

FAREWELL TO CHEESE TODAY



Adam and Eve are cast from Paradise!

FORGIVENESS SUNDAY
Epistle: Romans 13:11-14:4
Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent
MARCH 24th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Epistle: Hebrews 11:24-26, 32-12:2
Gospel: John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent
MARCH 31st

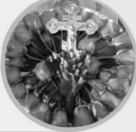


ST GREGORY PALAMAS

Epistle: Hebrews 1:10-2:3
Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent
APRIL 7th



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!
Epistle: Hebrews 4:14-5:6
Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent
APRIL 14th



ST JOHN of the LADDER

Epistle: Hebrews 6:13-20
Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent
APRIL 21st



ST MARY of EGYPT

Epistle: Hebrews 9:11-14
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!

APRIL 28th

GREAT WEEK BEGINS



GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Epistle: Philippians 4:4-9
Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY

MAY 3rd



GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!

MAY 5th

NO FASTING!

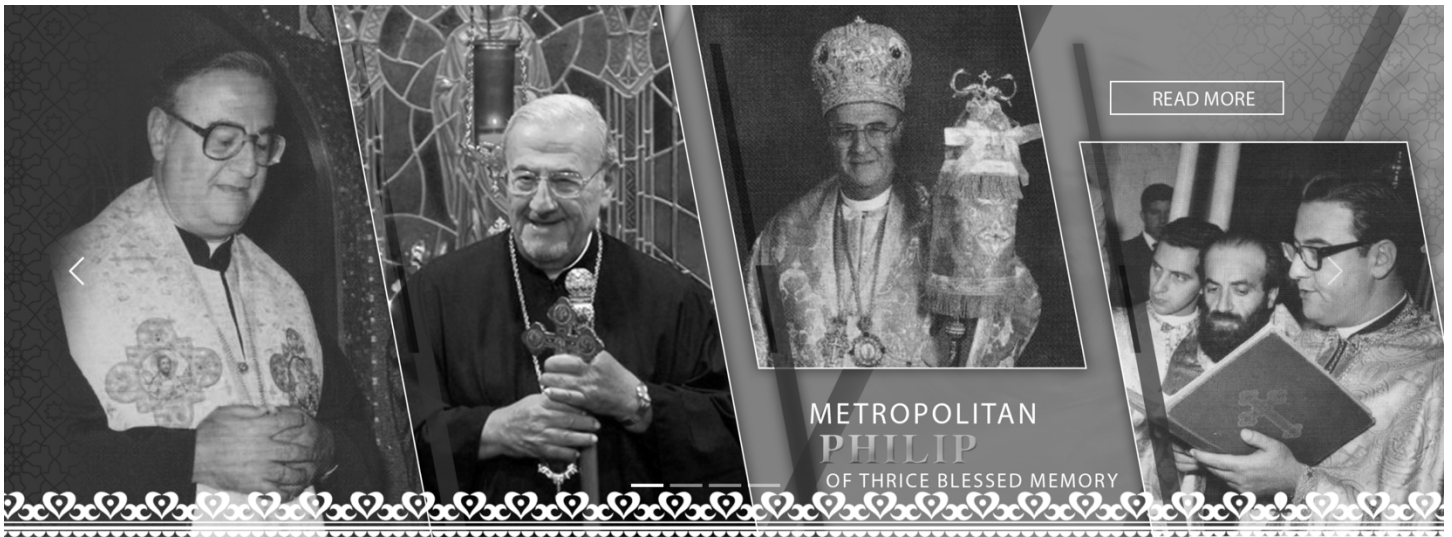


BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



Tuesday, March 19, 2024, marks the **10th anniversary of the repose of His Eminence Metropolitan Philip** of thrice-blessed memory. The mark left by him on our archdiocese during his 48 years as archbishop is indelible. He is remembered especially for the following:

- His hard work to make the lives of the clergy more dignified by improving education to diminish what he called “upstairs-downstairs” theology that existed in our parishes when he became Metropolitan in 1966.
- His establishment of the Antiochian Women and Teen SOYO as organized bodies within the life of the Archdiocese.
- His vision and boldness in buying the property for and establishing the Antiochian Village Camp and Heritage and Learning Center.
- His courage and compassion in receiving the Evangelical Orthodox Church into the Antiochian Archdiocese after it was rejected by other jurisdictions.
- His establishment of The Order of St. Ignatius of Antioch, which has given millions of dollars to support programs and charities inside and outside the archdiocese.
- His many humanitarian efforts on behalf of the suffering people in the Middle East and throughout the world.

May his memory be eternal!

Click the following link to read a full article on His Eminence Metropolitan Philip of thrice-blessed memory.

<https://www.antiochian.org/dashboard?name=Metropolitan%20Philip%20of%20Thrice%20Blessed%20Memory>