



Welcome to St. Michael's Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

1182 Ashland Street, Greensburg, PA 15601

www.stmichaelsgreensburgpa.org

Rev. Fr. David Hyatt, Pastor

Sunday, March 31, 2024

Office Hours:

By Appointment

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This Week

Sunday, March 31st

Sunday of St. Gregory Palamas

8:45 AM – Orthros

10:00 AM – Divine Liturgy of St. Basil

11:30 AM – Monthly Memorial

11:30 AM – Church School

11:30 AM – Fellowship Hour

Monday, April 1st

6:00 PM – Great Compline

Wednesday, April 3rd

6:00 PM – Presanctified Liturgy

7:30 PM – Lenten Soup Supper

Friday, April 5th

6:00 PM – Akathist & Little Compline

Saturday, April 6th

11:00 AM – Baptism of Zara Armanious

4:30 PM – Catechism Class

6:00 PM – Great Vespers

(Confession Follows)

Sunday, April 7th

Sunday of the Holy Cross

8:45 AM – Orthros

10:00 AM – Divine Liturgy of St. Basil

11:30 AM – Adoration of the Holy Cross

NO Church School

12:00 PM – Antiochian Women Mtg

2:00 PM – Baptism of Giuliana Reda

Divine Liturgy Variables on Sunday, March 31, 2024

Second Sunday of Great Lent

Commemoration of Gregory Palamas, Archbishop of Thessalonica

Hypatios the wonderworker, bishop of Gangra; Prophet Joel

RESURRECTIONAL APOLYTIKION IN TONE TWO

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION FOR ST. GREGORY PALAMAS IN TONE EIGHT

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

KONTAKION FOR SUNDAYS IN GREAT LENT

(AND AKATHIST SATURDAY) IN TONE EIGHT

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

EPISTLE – Hebrews 1:10-2:3

Thou, “O Lord, in the beginning didst lay the foundation of the earth, and the heavens are the works of Thy hands; they will perish; but Thou remainest; and they will all grow old like a garment, and like a mantle Thou wilt roll them up, and they shall be changed; but Thou art the same, and Thy years will not fail.” But to which of the angels did He say at any time, “Sit on My right hand, until I make thine enemies a footstool for thy feet?” Are they not all spirits for liturgical ministry, sent forth to minister for the sake of those who are to inherit salvation? Therefore, we ought to give the more earnest heed to the things that were heard, lest at any time we drift away from them. For if the word spoken through angels was confirmed, and every transgression and disobedience received a just retribution, how shall we escape, if we neglect so great a salvation, which having at first been spoken through the Lord, was confirmed to us by those who heard?

THE GOSPEL – Mark 2:1-12

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an

Serving Schedule

Jr. Altar Boys

3/31 – Andrew Hahey
4/07 – Noor Sahawneh

Fellowship Hosts

3/31 – POTLUCK
4/07 – Dan & Connie Capar, Jen & Zach Saxman, Mercedes Michetti

Lock Up

3/31 – Christina Armanious
4/07 – Raymounda Chaho



In the Antiochian Archdiocese, **March is Women's Month.**

Please read the attached letter from His Eminence

Metropolitan SABA at the end of the bulletin. We are grateful to God for all the service our women contribute to the life of St. Michael's. As part of this special month, the following are the schedules for service:

Epistle Readers

March 31 - Joyce Eger

Holy Bread (distribute)

March 31 - Connie Capar & Bernadette McNichol

Offering Collection

March 31 - Violet Kharma, Kathy Bleibtrey, Laura Simmons

Live-Streaming Services

[Holy Transfiguration Monastery](#)

Ellwood City, PA

[Holy Cross Monastery](#)

Wayne, WV

[St. Tikhon's Monastery](#)

Waymart, PA

Ministry Opportunity

Throughout the year, but especially during Great Lent, we are in need of men and women to **volunteer to serve our parish as an USHER.** Gust Flizanes, Head Usher, is willing to train you, so no experience is necessary. Please speak with Gust regarding any questions or to express your interest in serving in this way. You can reach Gust Flizanes at 724-863-4443.

opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'?" But that you may know that the Son of Man has authority on earth to forgive sins" – He said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

Prayers of Oblation

...in memory of Adel Armanious by Helen Joseph

...in memory of Ivan, Maria, Yakov, Tatiana, Vasyley, Serafima, Ludmila, Vadim, Evgenii, Oleg, Herb, Reba, Maze by Tatiana Lucas

...for the health of Aleksander, Tamara, Elena, Sofia, Tatiana, Ryan, Yekaterina, Chad, Aleksey, Daniil, Tom by Tatiana Lucas

Intercessory Prayer List

(Orthodox & Non-Orthodox)

Please pray for the following people this week. ***Names will remain on the list for 2 weeks.*** Please contact Fr. David to add a name for prayer.

PAULETTE Weiss (*Ongoing Cancer Treatment*)

FAMILY from Jeanette who had a house fire and lost the lives of Tyler (Father), Kyson – 7yrs, Kinzleigh – 6yrs, Kegan – 3yrs, Korbyn – 1mo. The mother and two other sons survived.

ANTHONY Crowe (*Recovering from Health Concern*)

STEPHEN Boyle (*Mental Health Concerns*) Nephew of Joseph Gazal

BENJAMIN Hockin (*Recent Diagnosis of Cancer*) Nephew of Carolyn Hill, also pray for his wife Rebecca and their adult twin sons.



Pick up your Food for Hungry People Collection ALMS Box today!

(Boxes are available outside of the Church Office)

Our Lord Jesus Christ instructs us to make our own the needs of others, especially the needy of the world. Help us to recognize that needy are all around us: men, women, children, the elderly, the sick, the suffering, families and individuals, next door neighbors and those in all corners of the world.

During Great Lent we remember those who need us the most and proclaim we are here to help. Almsgiving goes together with Prayer and Fasting, and the Food for Hungry People & Charitable Outreach program has become synonymous with Great Lent. For almost five decades we have aided our loved ones, our families, and our friends. We have assisted our parishioners, our parishes, and those in our local communities.

We are here to help those who cannot help themselves. We are here to lend a hand, and we are here to offer ourselves that others might share in our blessings.

Robin Lynn Nicholas – Food for Hungry People and Charitable Outreach



Please sign-up to bring soup and/or bread for the weekly meals after Wednesday

Presanctified Liturgies. Reminder: the soup needs to be Lenten / Vegan (no animal products). *The sign-up sheet is on the bulletin board outside of the kitchen.*

Catechumens at St. Michael's

Please keep in your prayers our catechumens who are preparing to be received as members of the Orthodox Church.

1. Bob Gunther
2. Dave Bartholomew
3. Stacey Bartholomew
4. Ryan Bartholomew
5. Victoria Gray
6. Mat Hahey
7. Pamela Johnson
8. Garrett Kalinowski
9. Nicholas Lehman
10. Brandon Miele
11. Debbie Paulus
12. Riley Polomoscanik
13. Brooke Williams

LONG TERM CALENDAR

(Upcoming Dates to Remember)

Monday, April 8th

6:00 PM – Great Compline

Wednesday, April 10th

6:00 PM – Presanctified Liturgy
7:30 PM – Lenten Soup Supper

Friday, April 12th

6:00 PM – Akathist & Little Compline

Saturday, April 13th

9:30 AM – OC Life Blanket Making Project
4:30 PM – Catechism Class
6:00 PM – Great Vespers

Wednesday, April 17th

6:00 PM – Full Canon of St. Andrew & Life of St. Mary of Egypt

Thursday, April 18th

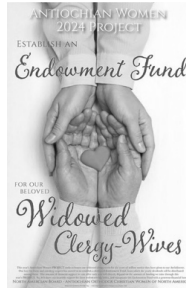
6:00 PM – Presanctified Liturgy
7:30 PM – Lenten Soup Supper

Fasting Rules as Followed in our Antiochian Archdiocese

Saturdays and Sundays of Great Lent
Abstain from meat, fish, dairy, eggs

Monday through Friday of Great Lent
Abstain from meat, fish, dairy, eggs, alcohol, oil

Palm Sunday
Abstain from meat, dairy, eggs. Fish is allowed.



2024 Antiochian Women's Special Project

Today is the final day to make a donation to the **Antiochian Women's special project** for 2024 – establishing an endowment fund to help support widowed clergy-wives. A collection will be made after the Divine Liturgy on Sunday. We appreciate your generosity!

Upcoming Events for the Antiochian Women at St. Michael's

- 1) **Ladies Annual Luncheon** is Sunday, May 19th at Morelands @ Waterworks. It is the same place as last year. Cost: \$25. Sign up by April 28th. Only 40 reservations permitted. See Michelle Gajewski in social hall to make payment by check or cash.
- 2) **Pirates Ball Game** - Monday, July 22nd. Ticket cost: \$28. More details coming later.

The Antiochian Women are selling **Spinach Pies – 6 for \$15.**
Pick some up today for your lenten meals!



April 28, 2024

8:45 AM – Orthros

10:00 AM – Divine Liturgy with Palm Sunday Procession

12:00 PM – Palm Sunday Fish Dinner

Please sign up to bring a side dish to the Palm Sunday Dinner (Fish is provided by the parish)

Sign Up Sheet is posted on the bulletin board next to the kitchen.

6:00 PM – Bridegroom Orthros for Holy Monday

March Memorials

Joseph Smolic
E. Michael George
Donald Chedrick
Diana Roberts
John Albert
Jacqueline Topinka

Elias Slyman
Sergius Daniels
Mary Denezza
Virginia Mansour
Natalie Summers
Bassam Kharma

Mary Mansour
Andrew Bober
Souraya El Boushy
Isaac Nicholas
Edward Sam
David Dayoob

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



NORTH AMERICAN ANTIOCHIAN ORTHODOX
MEDICAL PROFESSIONALS FELLOWSHIP



For Registration



Dr. Daniel B. Hinshaw, M.D.

Professor Emeritus of Surgery, Consultant in Palliative
Medicine University of Michigan Medical School

All medical professionals across the archdiocese are invited
to inaugural lecture

**ORTHODOX CHRISTIANITY AND MEDICAL PRACTICE:
UNDERSTANDING THE BASICS**

Sunday, April 7th @ 7:00 PM EST/Via Zoom

Register to Attend